



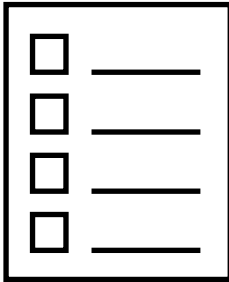
St John Ambulance Ltd Australian Office

Child Safety in St John

Easy English policies



Difficult words



This document is written in an easy to read way.



This document has some hard words in it.

The first time we use a hard word we write it in **blue**.

Then we write what it means.

Getting help



You can ask for help to read this document.

You could ask:

- a family member
- friend
- support person
- care worker.

This Easy English document is a **summary** of a another document.

A summary is a shorter document.

The **longer document is [here](#)**

This document might upset you.

It might make you sad or mad.

If you need to talk to someone about your feelings you can talk to:

- someone you trust like a parent or friend
- your counsellor or psychologist
- [Kids Helpline](#)
- [ehelpspace](#)
- [Lifeline](#).



This document is about:

- child safety
- and child abuse
- getting help
- how we deal with child safety.

What is child safety?

being safe



Child safety is about keeping children safe.

We will make sure children are safe in our:

- services
- programs.



We will help children that we care for to:

- know what child abuse is
- speak up when they feel unsafe
- leave when they feel unsafe
- tell a trusted adult.

upset talk to



We teach St John workers:

- about child safety
- what to do if they are told about child abuse.

About St John



We are the Australian Office of St John Ambulance.

We are also called:

- the National Office
- St John.

Child safety in St John



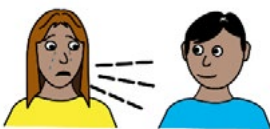
Hurting a child is never OK.

keep safe



If you tell us a child is being hurt:

- we will take it seriously



- we will tell someone who can help.

What is child abuse?



Child abuse is when someone hurts a child.

No one should hurt children.

being safe



It is your right to be safe.



or



Child abuse can happen:

- one time
- or many times.



Child abuse is against the law.

Types of child abuse



Physical abuse

This is when someone hurts your body.

For example:

- punching or hitting
- pushing or pulling
- kicking
- biting.



Sexual abuse

When someone does **sexual things** to a child it is always sexual abuse.

Children are not old enough for sex.

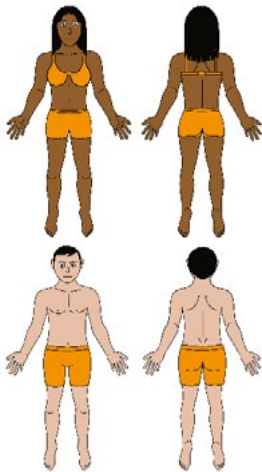
Sexual things include:

- someone touching the **private parts** of your body.

Private parts include parts under your underwear such as:

- penis, vagina and bottom
- breasts.

It also includes your mouth.



sexual abuse



- being made to kiss someone
- something put in your private parts
- watching sexual videos
- looking at sexual pictures.



Emotional abuse

When someone uses words to be mean or unkind is emotional abuse.



For example:

- teasing
- name calling
- threatening
- ignoring
- shouting
- swearing
- bullying.



Neglect

This is when you do not get the **care** you need.

Care includes:

- medical care
- food
- water
- clothes and more.

Being cared for keeps you safe and healthy.

For example:



- not taking you to the doctor
- not giving you medicine
- not enough food
- leaving you alone for a long time.



Family violence

Family violence is when one person in your family hurts another person in the family.

Seeing family violence happen is also abuse.



Grooming

This is when someone:

- makes friends with you
- makes friends with your family
- because they want to hurt you sexually.

Grooming can happen face-to-face or online.

Who and where



Anyone can abuse children.

It can be someone you know and trust.



This could be:

- your parents
- your family
- friends
- neighbours
- support workers or carers
- a St John person
- another child.

Who abuses children?



You can be abused by someone you do not know.
For example, a stranger.

Abuse can happen anywhere.



This includes:

- at home
- at school



- on public transport

- at a hospital
- in a public place



- at a friend's home.

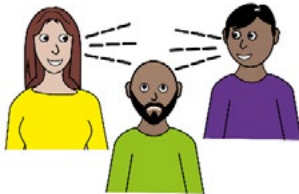
Who can help?

Tell a trusted adult.

This could be:



- someone in your family
- your teacher
- a support worker
- a friend
- an **advocate**
- someone else you trust.



An advocate can help you speak up.

They listen to you.

They say what you need.



Call the police on **Triple Zero (000)** now if:

- you feel unsafe
- you are in danger.



You can tell a **St John Child Safety Officer**.

A Child Safety Officer is:

- a St John person
- a worker with special training
- able to help children who tell us about abuse.

Call 1300 360 455

More information



You can call us on 02 6295 3777



You can visit our website www.stjohn.org.au

email



You can email us:

enquiries@stjohn.org.au



or send your complaint in the mail.

Our address is:



Complaints Officer

St John Ambulance Australia

PO Box 292

Deakin West ACT 2600

If you need help to speak or listen



Use the National Relay Service:

Call 1300 555 727

or go to the [website](#).

More information

Advocate

Someone who helps you speak up.

Care

Care includes being given medical care, food and water, clothes and more.

Child abuse

Child abuse is when someone hurts a child.

Child safety

Child safety is about keeping children safe.

Emotional abuse

When someone uses words to be mean or unkind.

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Private parts include parts under your underwear such as:

- penis, vagina and bottom
- breasts.

It also includes your mouth.

Sexual abuse

When someone does sexual things to a child it is always sexual abuse.

Children are not old enough for sex.

Sexual things

These include things done to the private parts of your body.

They also include watching sexual movies and looking at sexual photos.

St John Child Safety Officer

A Child Safety Officer is:

- a St John worker
- a worker with special training
- able to help children who tell us about abuse.

Summary

A summary is a shorter document written about a longer one.

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