

# Poisoning



**IN A MEDICAL EMERGENCY  
CALL TRIPLE ZERO (000) FOR AN AMBULANCE.**

**DRSABCD** Danger ► Response ► Send for help ► Airway ► Breathing ► CPR ► Defibrillation

The DRSABCD Action Plan is the first step when providing first aid. Use this to assess the immediate situation. [DOWNLOAD THE DRSABCD FACT SHEET.](#)

## POISONS INFORMATION CENTRE **13 11 26**

### SIGNS AND SYMPTOMS

Signs and symptoms depend on the type of poison, and can include:

- bite or injection marks, with or without local swelling
- burns around and inside the mouth or on the tongue
- smell of fumes
- odours on the breath
- burning pain from mouth to stomach
- nausea, vomiting
- abdominal pain
- difficulty in breathing
- tight feeling in chest
- headache
- ringing in ears
- blurred vision
- blue lips, face, earlobes, fingernails
- drowsiness
- loss of consciousness
- seizures.

### WARNINGS

- DO NOT induce vomiting, unless advised to do so by the Poisons Information Centre.
- DO NOT give the patient anything to eat or drink.
- Wash substances off the face and around the mouth with water.

### WHAT TO DO

- 1 Follow DRSABCD.
- 2 Call triple zero (000) for an ambulance.
- 3 Call triple zero (000) for fire services if the air is contaminated with smoke or gas.
- 4 Reassure the patient.
- 5 Find out what sort of poison is involved, if possible, and record the information for medical personnel.
- 6 Call the Poisons Information Centre 13 11 26, and follow their advice.
- 7 If the patient is becoming drowsy, place them in the recovery position and continue to check their airway and breathing regularly.
- 8 Send any vomit, containers and suicide notes with the patient to hospital.

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