

Febrile convulsion



IN A MEDICAL EMERGENCY CALL TRIPLE ZERO (000) FOR AN AMBULANCE.

DRSABCD Danger ► Response ► Send for help ► Airway ► Breathing ► CPR ► Defibrillation

The DRSABCD Action Plan is the first step when providing first aid. Use this to assess the immediate situation.

WARNING

DO NOT cool the child by sponging or bathing, but do remove excess clothing.

SIGNS AND SYMPTOMS

A rapid rise in body temperature can cause convulsions.

This occurs most often in children aged 6 months to 5 years.

A convulsion can occur with a temperature change from the normal 37°C to as little as 38.5°C.

Symptoms can include:

- fever
- muscle stiffening
- twitching or jerking of face or limbs
- eyes rolling upwards
- blue lips, face, earlobes, fingernails
- loss of consciousness.

WHAT TO DO

During the convulsion

- 1 Place the child on their side for safety.
- 2 DO NOT restrain the child.

After the convulsion

- 3 Follow DRSABCD.
- 4 Remove excess clothing or wrappings.
- 5 Seek medical aid.

YOU COULD SAVE A LIFE WITH FIRST AID TRAINING WWW.STJOHN.ORG.AU • 1300 360 455

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